

ENGL 300: THEORY
HOMEWORK ASSIGNMENT #3
LEARNING REFLECTION

LEARNING OUTCOMES

- REFLECT on your learning experience;
- IDENTIFY a particular learning challenge or difficulty you encountered;
- ARTICULATE that difficulty clearly;
- IDENTIFY possible strategies and solutions.

We all encounter moments in the learning process where we stumble, and sometimes we find that we are struggling on one level or another over an extended period of time. Struggle can be okay. If we're not struggling a little bit, we're not learning. It can be quite uncomfortable when our brains change shape.

It can be helpful, therefore, to reflect not just on WHAT we are learning but HOW we are learning. This process of reflection is called "metacognition" or thinking about thinking. By reflecting on specific moments or challenges, we can make visible some of the invisible or unacknowledged factors or practices that can either help us to learn or make it more difficult for us to learn. Sometimes, we realize that we are attempting to learn in a way that is counterproductive, but we keep doing the same things because "that's how it's done." This exercise is designed to get you thinking about how *you* learn best by creating a narrative, your story about your learning experience. You can then consider how you can adapt your practices to help you to achieve your goals more effectively.

INSTRUCTIONS:

Think about the first half of this course and your experience as it has developed since the first few classes. Do you feel the same about the classroom and the material as you did at the outset of the class? What has changed? Why do you think that this change has occurred? What are you doing differently now? If nothing has changed, why do you think this is so? What does that lack of change mean to you?

Write a brief paragraph (300 words) about the questions above. At the conclusion of this paragraph, identify a particular learning moment that you found challenging. What made the moment difficult for you? How did you deal with it? If you were to encounter the same circumstances again, what would you do differently?

You will receive 2 PARTICIPATION GRADES for completing this exercise.
DUE: MARCH 8